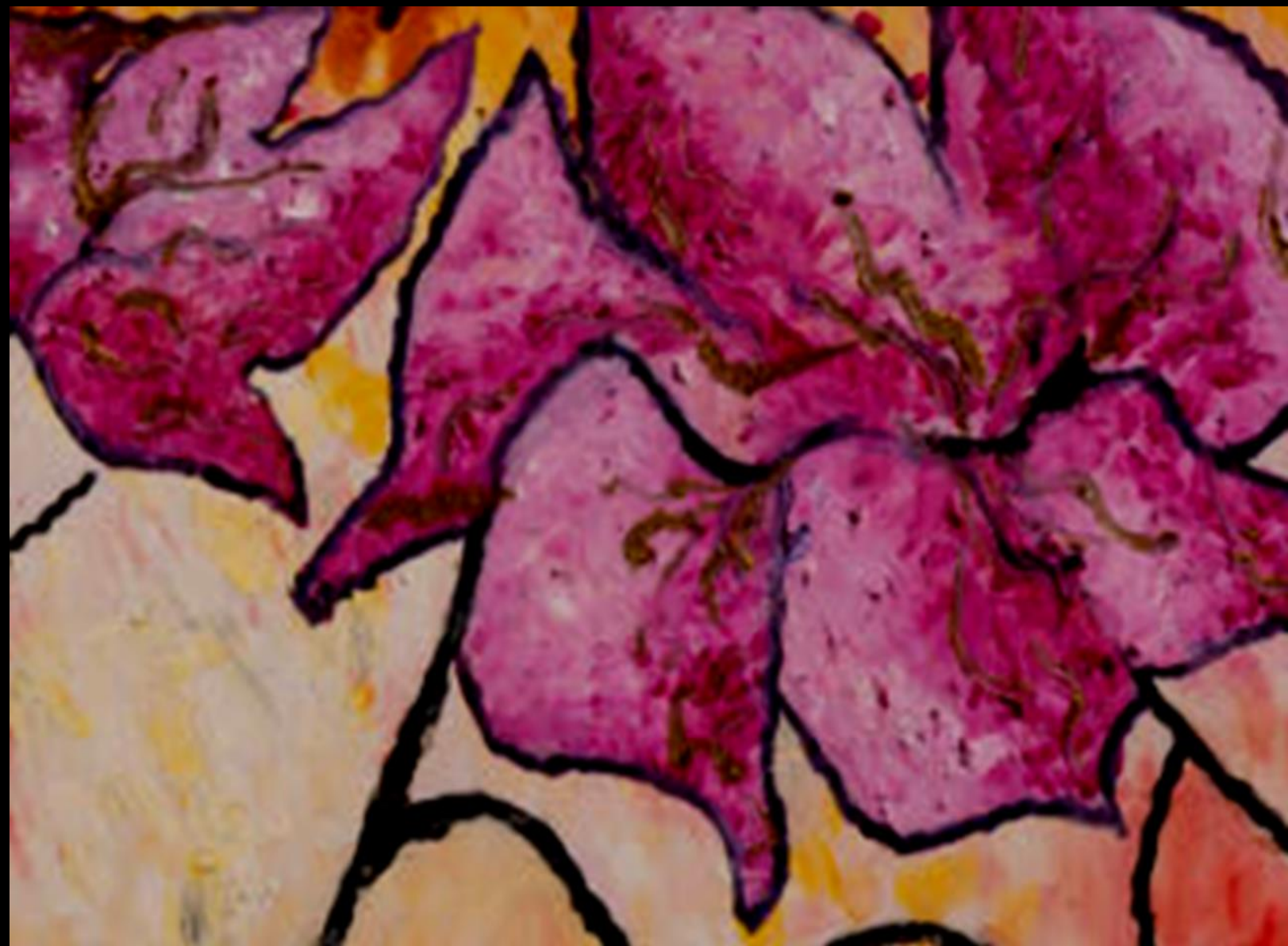


June 11

Ecclesiasticus 4:29 (1611 KJV: Apocrypha)

**“Lot of Mouth—
Little Biz”**



**Be not hasty in thy
tongue, and in thy
deeds slack and
remiss.**

How is it that sometimes
some people can talk
so very much but do
so very little?

Many make promises
and say they are
determined to do this

or that, but just don't follow through. Diet and exercise is a clear example. Often people say they will exercise daily, but within weeks of that proclamation, they have missed days and those days turn into weeks and months of inactivity.

It has been said that “talk is cheap”. Well, this simple passages somewhat confirms that. At least it warns against cheap talk.

Don't be quick to run your mouth but slow, or lax, about handling your business. It's just good advice.